

BREAKFAST

Kent City
Elementary School
2023-2024

Kent City Community Schools-GSRP
Feeding Bodies-Fueling Minds

* Monday

* Tuesday

* Wednesday

* Thursday

* Friday

Banana or Blueberry Muffin
Grahams Crackers, Fruit, Juice,
White Milk

Choice of Cereal
Grahams Crackers, Fruit, Juice,
White Milk

Cinni Mini
Grahams Crackers, Fruit, Juice,
White Milk

French Toast Sticks
Egg/Cheese Omelette
Grahams Crackers, Fruit, Juice,
White Milk

Questions or comments:
Beth Ohman FSD
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Reduced sugar cereal choices:
Honey Nut Cherrios, Cinnamon
Toast Crunch, Mini Wheats,
Kix

Juice is 100% juice
Milk is 1% White

BREAKFAST

Kent City
Elementary School
2024-2025

Escuelas Comunitarias de Kent City-GSRP
Alimentar cuerpos: alimentar mentes

* Monday

* Tuesday

* Wednesday

* Thursday

* Friday

Muffin de plátano o arándanos
Grahams Crackers, fruta, jugo,
leche blanca

Elección de cereales
Grahams Crackers, fruta, jugo,
leche blanca

Cinni Mini
Grahams Crackers, fruta, jugo,
leche blanca

Palitos de tostadas francesas
Tortilla de huevo/queso
Grahams Crackers, fruta, jugo,
leche blanca

Preguntas o comentarios:
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Opciones reducidas de
cereales con azúcar:
Cherrios de miel y nueces,
tostadas de canela crujientes,
mini trigos, bucles de frutas

El jugo es 100% jugo
La leche es 1% blanca